

# Basic Skills Competition

APRIL 6, 2008

Crystal Ice House  
Crystal Lake, Illinois

This is a FUN competition for all ages currently enrolled  
in a USFS Learn to Skate Program

The 8th Annual Wagon Wheel Figure Skating Club Basic Skills Competition will be held at the Crystal Ice House at 320 E. Prairie, Crystal Lake, IL 60014 on Sunday April 6, 2008. This Competition is sanctioned by the USFS and conducted in accordance with the rules of the 2007 - 2008 USFS Rulebook. The rink surface is 200 x 85 feet.

This competition is to encourage and reward skaters as they become proficient in the basics of figure skating, and to be better prepared for learning the advanced skating elements.

**QUALIFICATION REQUIREMENTS:** This basic skills competition is open to all skaters in any USFS Learn to Skate Program. **SKATERS DO NOT NEED TO BELONG TO A USFS CLUB TO COMPETE AT THE BASIC SKILLS OR BEGINNER LEVEL BUT THEY MUST BE REGISTERED WITH USFS THROUGH A LEARN-TO-SKATE PROGRAM.** Events for Pre-Preliminary and Preliminary Levels: Skaters will compete in their test levels or one level higher as of March 15, 2008. Skaters must be members of the USFS or a member club. Compulsory Moves and Free Skate events will be offered. Compulsory moves will be skated without music in a short program.

All events will be divided into groups of approximately 6 - 8 skaters grouped according to age. Age groups will be combined at the discretion of the Referee and /or Competition Chair.

**ENTRY FEES:** The entry fee is \$35.00 for the first event and \$10.00 for the second event. Fees are to be made payable to Wagon Wheel FSC (WWFSC) and must accompany application.

**APPLICATIONS SHOULD BE POSTMARKED NO LATER THAN March 15, 2008 (3/10/08).** Late applications will be accepted ONLY at the discretion of the Competition Chair and must be accompanied by a \$10.00 late fee. Absolutely **NO** refunds will be made after April 1, 2008. A \$25.00 charge will be assessed for all returned checks due to insufficient funds or closed accounts.

**AWARDS:** All awards will be presented off ice immediately following posting of results. **All contestants will receive an award.**

**MUSIC:** Music will be played from cassettes or CDs and should be turned over to the registration desk upon arrival. Music should be clearly marked with the skater's name and event. Skaters should have a spare tape readily available. Please pick up your music following your event!! No tapes or CDs will be mailed after the competition.

**SCHEDULE OF EVENTS:** A self-addressed stamped envelope must accompany your application in order to receive your schedule of events!! Schedules will be mailed to you approximately 1 week prior to the competition.

**OFFICIAL BULLETIN BOARD:** The official bulletin board will be located in the lobby of the rink. This will serve as official notice to competitors and coaches of any changes in the schedule of events.

**REGISTRATION DESK:** The registration desk will be located in the lobby and will be open one hour before the start of competition. Skaters must check in at least one hour before their event and turn in their music at that time.

**INQUIRIES:** Inquiries may be made to Kim Johnson 815/356-8500 or WWFSC 815/455-6403.  
Email [arenel@sbcglobal.net](mailto:arenel@sbcglobal.net)

Please send completed entry forms and fees payable to WWFSC to:

Wagon Wheel FSC  
P.O. Box 173  
Barrington, IL 60011

**DIRECTIONS TO RINK:** Highway 31 to Crystal Lake Avenue. Go West on Crystal Lake Avenue to Erick (1 mile). Go North to Prairie (½ mile). Go West on Prairie, rink will be on the right.

MAP

**Suggested Hotels:**

Holiday Inn Crystal Lake  
800 S Route 31  
Crystal Lake, IL  
815/477-7000

Country Inn & Suites  
600 Tracy Trail  
Crystal Lake, IL  
815/477-3500

**8<sup>th</sup> BASIC SKILLS COMPETITION  
WAGON WHEEL FIGURE SKATING CLUB  
ENTRY FORM**

PLEASE PRINT so that we can make every effort to pronounce the skater's name correctly.

NAME \_\_\_\_\_ PHONE (Day/Evening)\_\_\_\_\_.

MALE \_\_\_ FEMALE \_\_\_ BIRTHDATE \_\_\_\_\_.

USFS (Pre-Preliminary & Preliminary) or Basic Skills # \_\_\_\_\_.

ADDRESS \_\_\_\_\_  
STREET CITY STATE ZIP

COACH'S NAME \_\_\_\_\_ PHONE \_\_\_\_\_.

COACH'S Email \_\_\_\_\_.

HOME CLUB or Program Affiliation \_\_\_\_\_.

CURRENT LEVEL (AS OF March 15, 2008) \_\_\_\_\_.

*Certification of Contestant - The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the Wagon Wheel Figure Skating Club harmless from any and all liability for injuries either during practice or the competition, and from any and all damages to or loss of property.*

Club/Group Authorized Signature \_\_\_\_\_ Date \_\_\_\_\_.

Competitor Signature \_\_\_\_\_ Date \_\_\_\_\_.

PARENT/GUARDIAN SIGNATURE:

\_\_\_\_\_ Date \_\_\_\_\_.

Must be signed

**DEADLINE DATE: March 15, 2008**  
**SEPARATE ENTRY FORM FOR EACH SKATER**  
**CHECKS PAYABLE TO: Wagon Wheel FSC (WWFSC)**  
**MAIL TO: WWFSC**  
**P.O. BOX 173**  
**BARRINGTON, IL 60011**

SKATER'S NAME: \_\_\_\_\_

**Basic Skills Events**

Level	Compulsory	Freeskate
Snowplow Sam		
Basic 1		
Basic 2		
Basic 3		
Basic 4		
Basic 5		
Basic 6		
Basic 7		
Basic 8		

**Beyond the Basics Events**

Skaters may enter either the new test track or the well balanced free skate track, but NOT both.

**Entry Fees:**

**First Event: \$35.00**

\$ \_\_\_\_\_

**Check list:**

**Additional Event: \$10.00**

\$ \_\_\_\_\_

**Basic Skill or USFS #**

**Total Enclosed**

\$ \_\_\_\_\_

**Club Officer Signature**

Level	Compulsory	Freeskate
Freeskate 1		
Freeskate 2		
Freeskate 3		
Freeskate 4		
Freeskate 5		
Freeskate 6		

Level	Compulsory	Test Track Free Skate	Well Balanced Free Skate
Ltd. Beginner			
Beginner			
No Test		XXXXX	
Pre-Preliminary			
Preliminary			

(Pre-Pre and Preliminary)

\_\_\_\_ Signature  
Program or

**Club Officer**

- \_\_\_\_ Coach's Signature
- \_\_\_\_ Parent's Signature
- \_\_\_\_ Check payable to WWFSC
- \_\_\_\_ Self-addressed stamped envelope (legal size)

**Form must be completely filled out and payment enclosed before it can be processed.  
Entry fees are non-refundable after April 1, 2008**

## BASIC SKILLS COMPULSORY MOVES

Compulsory moves will be executed without music on half ice without stops between moves in program form. All listed moves must be performed; any additions, repeated, or omitted moves will be penalized. Required elements must be skated in any order. Elements will be judged on form, flow, and sureness of edge with emphasis on good stroking techniques, good knee bends, minimal or no toe pushing, and good extension. Eligibility will be NO formal USFS test passed. Time limit: 1 minute or less.

SNOWPLOW SAM (TOTS)	<ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip.</li> <li>2. Forward two foot swizzles, 2 - 3 in a row.</li> <li>3. Backward wiggles, 2 - 6 in a row.</li> <li>4. Forward snowplow stop</li> </ol>
BASIC 1	<ol style="list-style-type: none"> <li>1. Forward two foot glide.</li> <li>2. Forward two foot swizzles, 6 - 8 in a row.</li> <li>3. Forward snowplow stop.</li> <li>4. Backward wiggles, 6 - 8 in a row.</li> </ol>
BASIC 2	<ol style="list-style-type: none"> <li>1. Forward one foot glide – either foot.</li> <li>2. Backward two foot swizzles 6-8 in a row.</li> <li>3. Moving snowplow stop.</li> <li>4. Two foot turn in place, forward to backward.</li> <li>5. Forward alternating ½ swizzle pumps, in a straight line – across width of ice</li> </ol>
BASIC 3	<ol style="list-style-type: none"> <li>1. Two foot spin.</li> <li>2. Forward stroking.</li> <li>3. Forward 1/2 swizzle pumps on a circle, either clockwise or counter clockwise, 6 - 8 in a row.</li> <li>4. Backward one foot glide – either foot</li> <li>5. Moving forward to backward two foot turn – either direction.</li> </ol>
BASIC 4	<ol style="list-style-type: none"> <li>1. Forward crossovers, 6 - 8 consecutive both directions.</li> <li>2. Forward outside 3-turn - right &amp; left.</li> <li>3. Backward snowplow stop, right or left.</li> <li>4. Backward stroking.</li> <li>5. Forward outside edge on a circle clockwise or counter clockwise.</li> </ol>
BASIC 5	<ol style="list-style-type: none"> <li>1. Backward crossovers, 6 - 8 consecutive – both directions</li> <li>2. One foot spin, minimum 3 revolutions.</li> <li>3. Hockey stop.</li> <li>4. Side toe hop, either direction.</li> <li>5. Backward outside edge on a circle – clockwise or counter clockwise.</li> </ol>
BASIC 6	<ol style="list-style-type: none"> <li>1. Forward inside 3-turn, right and left from standstill.</li> <li>2. Lunge, right or left.</li> <li>3. Bunny hop.</li> <li>4. Forward spiral on a straight line, right or left.</li> <li>5. T-Stop, right or left.</li> </ol>
BASIC 7	<ol style="list-style-type: none"> <li>1. Forward inside open Mohawk, right to left and left to right.</li> <li>2. Ballet jump, either direction.</li> <li>3. Backward crossovers to backward outside edge landing position, clockwise and counter clockwise.</li> <li>4. Forward inside pivot.</li> </ol>
BASIC 8	<ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside 3-turns, right and left.</li> <li>2. Waltz jump.</li> <li>3. Mazurka, either direction.</li> <li>4. Combination move, clockwise or counter clockwise: 2 forward crossovers into forward inside Mohawk, step behind, step into 1 back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin, optional free foot position.</li> </ol>

## FREESKATE 1 - 6 COMPULSORY MOVES

Compulsory moves will be executed without music on half ice in a program form using limited connecting steps. A .2 deductions will be taken if elements from a higher level are performed. Skater must demonstrate the required elements and may use any additional elements from previous levels (where applicable). Eligibility will be NO formal USFS test passed. Time limit 1:00 or less.

FREE SKATE 1	<ol style="list-style-type: none"> <li>1. Basic forward outside and forward inside consecutive edges, 2 – 4 outside edges &amp; 2 – 4 inside edges.</li> <li>2. Scratch spin from backward crossovers.</li> <li>3. Waltz jump from backward crossovers.</li> <li>4. Half flip.</li> <li>5. Advanced forward stroking – 4 to 6 consecutive strokes.</li> </ol>
FREE SKATE 2	<ol style="list-style-type: none"> <li>1. Waltz jump, side toe hop, waltz jump series.</li> <li>2. Toe loop.</li> <li>3. Waltz 3's, right or left.</li> <li>4. Beginning back spin. – entry optional</li> <li>5. Forward outside spiral, right or left, and forward inside spiral, right or left.</li> </ol>
FREE SKATE 3	<ol style="list-style-type: none"> <li>1. Salchow.</li> <li>2. Waltz jump/toe loop or salchow/toe loop.</li> <li>3. Back spin.</li> <li>4. Advanced forward outside swing rolls, 4 – 6 consecutive..</li> <li>5. Forward crossovers in a figure 8.</li> </ol>
FREE SKATE 4	<ol style="list-style-type: none"> <li>1. Sit spin.</li> <li>2. Forward power 3's, 2 – 3 consecutive right or left.</li> <li>3. Loop jump.</li> <li>4. Waltz jump/loop jump.</li> <li>5. Spiral sequence – Forward inside spiral, Forward inside Mohawk, Back outside spiral clockwise or counter clockwise.</li> </ol>
FREE SKATE 5	<ol style="list-style-type: none"> <li>1. Spiral sequence, forward outside spiral, forward outside 3 turn, one backward crossover, backward inside spiral..</li> <li>2. Loop/loop jump.</li> <li>3. Camel spin.</li> <li>4. Forward upright spin to back upright spin.</li> <li>5. Flip jump.</li> </ol>
FREE SKATE 6	<ol style="list-style-type: none"> <li>1. Waltz jump, ½ loop, Salchow combination.</li> <li>2. Lutz jump.</li> <li>3. Camel, sit spin combination, minimum of 4 revolutions total.</li> <li>4. Five step Mohawk sequence - 1 set alternating pattern</li> <li>5. Split jump or stag jump.</li> </ol>

## TEST TRACK OR WELL BALANCED LEVELS COMPULSORY MOVES

Moves will be in program form using a limited number of connecting steps. The order of the required elements is optional. Elements are to be skated on half ice without music. Skaters must demonstrate the required elements and may use any additional elements from previous levels. Deductions will be taken for each element performed from a higher level.

Ltd Beginner	No USFS tests passed. 1:00 minute or less.	1. Waltz Jump 2. Half jump of choice 3. Forward two foot or one foot spin (optional free leg position) 4. Forward or backward spiral
Beginner Compulsory	No USFS test passed 1:00 minute or less	1. Toe loop jump 2. Salchow jump 3. Forward scratch spin 4. Forward or backward spiral
No Test	No USFS test passed 1:00 minute or less	1. Loop jump 2. Jump combination to include a toe loop (no loop or axel) 3. Solo spin-sit or camel spin 4. Spiral sequence—must include forward & backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges, and shoot the ducks may be included
PRE-PRELIMINARY	Pre-Preliminary test passed. No higher. 1:00 minute or less.	1. Combination jump—waltz jump/toe loop OR salchow/toe loop jump 2. Flip Jump 3. Solo spin-sit or camel spin 4. Spiral sequence –must include forward & backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges, and shoot the ducks may be included
PRELIMINARY	Pre-Preliminary test passed and no higher than Preliminary test passed. 1:15 or less	1. Lutz jump 2. Jump combination consisting of two single jumps (no Lutz or axel) 3. Camel spin 4. Spiral sequence –must include forward & backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges, and shoot the ducks may be included.

**FREESTYLE EVENTS**  
**BASIC PROGRAM WITH MUSIC**

This event is skated to music of the skater's choice, vocals permitted. Skating order of the required elements is optional and not restricted to number of times element is executed, or length of glides, number of revolutions unless otherwise stated. May use elements from a previous level and all elements from current level but deductions will be made for elements from a higher level skated. Time: 1:00 minute. Full ice.

Snowplow Sam – Tots	<ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2 – 3 in a row</li> <li>3. 3. Backward wiggles 2 – 6 in a row</li> <li>4. Forward snowplow stop</li> </ol>
Basic 1	<ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two foot swizzles 6 – 8 in a row</li> <li>3. Backward wiggles 6 – 8 in a row</li> <li>4. Forward snowplow stop</li> </ol>
Basic 2	<ol style="list-style-type: none"> <li>1. Forward one foot glide-either foot</li> <li>2. Two foot turn in place –forward to backward</li> <li>3. Backward two foot swizzles 6 – 8 in a row</li> <li>4. Forward alternating ½ swizzle pumps, in a straight line–across width of ice</li> <li>5. Moving snowplow stop</li> </ol>
Basic 3	<ol style="list-style-type: none"> <li>1. Forward Stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 – 8 consecutive.</li> <li>3. Moving forward to backward two foot turn-either direction</li> <li>4. Backward one foot glide – either foot</li> <li>5. Two foot spin</li> </ol>
Basic 4	<ol style="list-style-type: none"> <li>1. Forward outside edge on a circle clockwise or counter clockwise</li> <li>2. Forward crossovers 6 – 8 consecutive both directions</li> <li>3. Forward outside 3 turn right and left</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop right or left</li> </ol>
Basic 5	<ol style="list-style-type: none"> <li>1. Backward outside edge on a circle-clockwise or counter clockwise</li> <li>2. Backward crossovers 6 – 8 consecutive – both directions</li> <li>3. One foot spin – minimum of 3 revolutions</li> <li>4. Side Toe hop – either direction</li> <li>5. Hockey stop</li> </ol>
Basic 6	<ol style="list-style-type: none"> <li>1. Forward inside 3 turn right &amp; left</li> <li>2. Bunny Hop</li> <li>3. Forward arabesque spiral on a straight line right or left</li> <li>4. Lunge right or left</li> <li>5. T-stop right or left</li> </ol>
Basic 7	<ol style="list-style-type: none"> <li>1. Forward inside open Mohawk right to left and left to right</li> <li>2. Ballet jump either direction</li> <li>3. Back crossovers to a back outside edge landing position – clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
Basic 8	<ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside 3 turns right and left</li> <li>2. Waltz jump</li> <li>3. Mazurka – either direction</li> <li>4. Combination move clockwise or counter clockwise (2 forward crossovers into forward inside Mohawk, step behind, step into 1 back crossover and step to a forward inside edge)</li> <li>5. Beginning one foot upright spin, optional free foot position.</li> </ol>

**FREESTYLE EVENT**  
**FREE SKATE 1 – 6 With Music**

This event is skated to music of the skater's choice, vocals not permitted. Skater must demonstrate required elements and may use but is not required to use any additional elements from any previous levels. There is no restriction as to the number of times an element is executed. A .2 deduction will be taken for each element performed from a higher level. Time: 1:30 +/- 10 seconds. Skated on full ice.

Freestyle 1	<ol style="list-style-type: none"> <li>1. Advanced forward stroking.4 – 6 strokes</li> <li>2. Forward outside &amp; inside consecutive edges, 2 – 4</li> <li>3. Scratch spin from back crossovers</li> <li>4. Waltz jump from back crossovers.</li> <li>5. Half flip jump</li> </ol>
Freestyle 2	<ol style="list-style-type: none"> <li>1. Forward outside spiral R or L</li> <li>2. Waltz three's R or L</li> <li>3. Beginning back spin entry optional</li> <li>4. Waltz jump, side toe hop, waltz jump</li> <li>5. Toe Loop</li> </ol>
Freestyle 3	<ol style="list-style-type: none"> <li>1. Forward crossovers in a figure 8</li> <li>2. Advanced forward outside swing rolls 4 – 6</li> <li>3. Back spin</li> <li>4. Salchow</li> <li>5. Waltz jump/toe loop or Salchow/toe loop</li> </ol>
Freestyle 4	<ol style="list-style-type: none"> <li>1. Spiral sequence: FI spiral, FI Mohawk, BO spiral R or L</li> <li>2. Forward power 3's, 2 – 3 consecutive R or L</li> <li>3. Sit spin</li> <li>4. Loop jump</li> <li>5. Waltz jump/loop jump</li> </ol>
Freestyle 5	<ol style="list-style-type: none"> <li>1. Spiral sequence: FO spiral, FO 3-turn, 1 back crossover backward inside spiral, R or L</li> <li>2. Camel spin</li> <li>3. Forward upright spin to back upright spin</li> <li>4. Loop/loop combination jump</li> <li>5. Flip jump</li> </ol>
Freestyle 6	<ol style="list-style-type: none"> <li>1. 5 step Mohawk sequence, 1 set alternating patterns</li> <li>2. Camel/sit spin combination, minimum of 4 revolutions total</li> <li>3. Split or stag jump</li> <li>4. Waltz jump/half loop/Salchow combination</li> <li>5. Lutz jump</li> </ol>

**TEST TRACK  
FREESTYLE WITH MUSIC**

This event is skated to music of the skater's choice. Deductions will be made for skating elements not permitted in event description. Skater may enter either Competitive or Well-balanced event but not both.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
<b>Limited Beginner</b>	Solo spins in upright position (min. 3 revolutions). Jumps of not more than ½ rotation (front to back or back to front. No combination jumps or sequences. Connecting moves and steps should be demonstrated throughout the program.	Skater may not have passed higher test than USFS Basic Skills FS badge test.	Time: Up to 1:30+/- 10 seconds
<b>Beginner</b>	Solo spins in upright position (min. 3 revolutions), jumps of ½ rotation (front to back or back to front. Single rotation jumps: Salchow & toe loop only. No combination jumps or jump sequences. Connecting moves & steps should be demonstrated throughout program.	Skater may not have passed higher test than USFS Basic Skills FS badge test	Time: 1:30 +/- 10 seconds
<b>Pre-Preliminary</b>	At least 2 solo spins of different nature (min.3 revolutions & no flying spins), all single solo jumps allowed (no Axels) jump combinations or sequences using only a waltz jump, toe loop, and salchow. Connecting moves & steps should be demonstrated throughout the program.	Skater may not have passed tests higher than USFS pre-preliminary FS test	Time: 1:30 +/- 10 seconds
<b>Preliminary</b>	At least 2 spins of a different nature, combination spins allowed (min. 3 revolutions each & no flying spins) jumps with no more than 1 rotation (no axels). Jump combinations and sequences allowed. Maximum 5 jumping elements. Connecting moves and steps should be demonstrated throughout program.	Skater must have passed at least USFS pre-preliminary free skate test but not higher than preliminary FS test	Time: 1:30 +/- 10 seconds

**WELL BALANCED TRACK  
FREESTYLE EVENTS**

This event is skated to music of the skater's choice.

LEVEL	ELEMENTS	QUALIFICATION S	PROGRAM LENGTH
<b>No Test Freeskate</b>	Well balanced program consisting of: Jumps: maximum of 5 jump elements. No axels or double jumps permitted. Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface <i>Refer to US Figure Skating rulebook #3721 for more information</i>	May not have passed any USFS FS tests	Time: 1:30 +/- 10 seconds
<b>Pre-Preliminary Free Skate</b>	Well balanced program consisting of: Jumps: maximum of 5 jump elements. Axels allowed. No double jumps permitted. Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface <i>Refer to US Figure Skating rulebook #3711 for more information</i>	Must have passed no higher than USFS Pre-Pre FS test	Time 1:30 +/- 10 seconds
<b>Preliminary Free Skate</b>	Well balanced program consisting of: Jumps: maximum of 5 jump elements, one must be an axel or waltz jump type plus up to two different double jumps as individual jumps, jump sequences or jump combinations are allowed Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface <i>Refer to US Figure Skating rulebook #3701 for more information</i>	Must have passed no higher than USFS preliminary FS test	Time 1:30 +/- 10 seconds